WELCOME

VISION The Wyong Catholic Parish is a welcoming, caring dynamic community MISSION STATEMENT We will live and proclaim the message of the Gospel: Engage, Participate, Reach out and Transform 28TH SEPTEMBER 2025 - 26TH SUNDAY IN ORDINARY TIME

WYONG CATHOLIC PARISH ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL **Under the Pastoral Care of the** Society of Our Lady of The Most Holy Trinity (SOLT)



REFLECTION

The story of Lazarus and the Rich Man is a sobering tale of the eternal consequences of the way in which we live our life. The rich man, who, in life, would not even give Lazarus the scraps from his table, finds himself in Hades, while Lazarus is embraced in the bosom of Abraham. Is this a story about the evils of being rich? No, but Jesus tells this story as a warning to us of the importance of compassion. All through the Bible we see God's special compassion for the poor, the neglected, the marginalised. In today's Gospel reading we hear the rich man beg not only for relief for himself in his afterlife of suffering, but also that a warning be sent to his five brothers. Abraham, however, points to all the unheeded warnings sent through history, from the prophets to Jesus himself. The time for living with compassion towards those in need is now. We cannot wait. We don't know when our time on earth will be over and we do not want to end up like the rich man, regretting our choices and paying an eternal price.

Reproduced from God's Word 2025: Daily Reflections, Published by St Pauls Publications, Strathfield.



THE FEAST OF SAINTS MICHAEL, GABRIEL AND RAPHAEL, SEPT 29 & THE FEAST OF HOLY GUARDIAN ANGELS, OCT 2 **DID YOU KNOW?** - Each of the three archangels appear in Scripture.;

Saint Michael appears in the Book of Daniel, then again in the Epistle of Jude. But his best known reference is in the Book of Revelation, where he is depicted fighting against the dragon (identified with Satan). This has led to depictions of Saint Michael as a warrior.

Saint Gabriel appears in the Book of Daniel too, and then later in the New Testament where he announces both the birth of John the Baptist and the birth of Jesus, to

Zechariah and the Blessed Virgin, respectively.

Saint Raphael appears in the Book of Tobit, where he accompanies Tobias on a long journey to bring medicine to cure his father's blindness.

While the term "saint" is normally reserved for human beings who lead exemplary and holy lives, it had traditionally been used to acknowledge those who have led a holy life. Just like the saints in heaven, the angels can intercede for us and offer up our prayers.

In Catholic tradition, guardian angels are believed to be assigned to every person from the moment of conception until death to protect, guide, and lead them to God, serving as companions on their earthly Journey. This belief is supported by scripture, particularly Jesus' statement in Matthew 18:10 "See that you do not despise one of these little ones. For I tell you that their angels in heaven always see the face of my Father in heaven.", and it is also a teaching of the saints and the Church Fathers. Catholics are encouraged to cultivate a relationship with their guardian angel, seeking their intercession and guidance.

According to the **Catechism of the Catholic Church** number 336, "From its beginning until death, human life is surrounded by their watchful care and intercession. 202 'Beside each believer stands an angel as protector and shepherd leading him to life. '203 Already here on earth the Christian life shares by faith in the blessed company of angels and men united in God." God sends his messengers from Heaven to keep us safe and remind us of His Presence.

Main Liturgical Feasts: October

October 1st: Saint Thérèse of Lisieux, also known as the Little Flower, October 2nd: Feast of the Holy Guardian Angels, October 4th: Saint Francis of Assisi, patron saint of animals, October 5th:Saint Faustina, October 7th:Our Lady of the Rosary, October 9th:Saint John Henry Newman, October 14th:Saint Callistus I, October 15th:Saint Teresa of Ávila, a great mystic and Doctor of the Church, October 16th: Saint Margaret Mary Alacoque and Saint Hedwig, October 18th: Saint Luke the Evangelist, known for writing the Gospel of Luke and the Acts of the Apostles, October 22nd: Saint John Paul II, the non-Italian pope who led the Catholic Church for decades, October 25th: Saint Crispin's Day, a feast day that inspired a famous speech in Shakespeare's play Henry V, October 28th: Saints Simon and Jude, October 31st: Saint Alphonsus Rodriguez.

PARISH CALENDAR—IMPORTANT DATES

10th Oct-Jubilee Multi-cultural Dinner 6pm at SJF school hall (please bring a plate to share!)

15th Oct—Jubilee Pilgrimage Day

25th Oct—Marian Spirituality Day

5th Dec — Ecumenical Christmas Carols 19th Dec—Parish Christmas Dinner at SJF school hall

Jubilee Year Events: Multi-cultural Dinner, Marian Spirituality Day & Pilgrimage Day.

With all of our wonderful Parish events coming up, they require many hands and lots of organization to keep them going. We would love your help! Should you wish to volunteer for any of these events, please contact the Parish Office as soon as possible. Many Thanks.

SATURDAY 25TH OCTOBER 2025

A Marian Spirituality Retreat

10.30AM-2.30PM - ST CECILIA'S CHURCH, WYONG.



WYONG CATHOLIC PARISH invites you to join us in this Jubilee year of Hope, to honour

our Mother Mary.

Together we will pray the rosary and other Marian prayers, reflect on teachings and passages of Our Lady.

This is designed to be a time for reflection and mediation on the life of our spiritual mother who in her obedient example and through her intercession draws us closer to Jesus, her Son.

You will be invited to bring your own lunch or a plate to share. Tea and coffee will be provided.

This is a Free event, all are welcome to join this spiritually transformative experience.

HOUSE & GARDEN STALL—11th & 12th October, Wyong

There will be a house and garden stall held after Mass on the 11th & 12th Oct, at St Cecilias's Church Wyong.

PLEASE LABEL DONATIONS—Dear Parishioners, when donating goods to the Parish, especially when left in the Parish Hall, please note who, where the donations are going to. This will help us to ensure it is going to the right person/place. We appreciate your generosity. Thank you

UNABLE TO STAND IN LINE FOR COMMUNION? **USE THE YELLOW BAND!**

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the

pew where you will be seated.
Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.



WYONG CATHOLIC PARISH INVITIES YOU TO JOIN OUR

Rite of Christian Initiation Program RCIA/RCIC

- RCIA program for Adults
- RCIC program for children between the ages of 13-18

STARTING SOON!

A program for those who wish to become Catholic, or who have been Baptised Catholic but have not yet received their <u>initial</u> Sacraments of Confirmation, Reconciliation or 1st Holy Communion.

If you are interested in being apart of this program please contact the Parish Office ASAP on: (02) 4352 1011



We warmly welcome the children who are to be Baptised this Sunday into our Parish community. May the grace of our Lord Jesus bless them and their families.

200 Club 2025

Prize change: First prizes have been lowered by \$50. Monthly Prizes: 1st \$250; 2nd \$150; 3rd \$100; 4th \$50 Major

Prizes: 1st \$450; 2nd \$250; 3rd \$150; 4th \$100

Draw Results:

1st \$250 No 19 Jenny Brown

2nd \$150 No 63 Alicia & John McCabe

3rd \$100 No 111 Maureen & Les Cross

No 123-NFP

CHILDREN'S LITURGY—YOU'RE INVITED!

All children are invited to attend the children's Liturgy at our weekend masses. Children's Liturgy is when the children leave the congregation to celebrate and reflect on the Sunday Gospel reading in an age appropriate way.

The children are led through prayers, songs and readings that are adapted to their level of understanding. (Please ensure there is a parent/guardian for children under 5yrs old; all parents/ guardians welcome).

Attending Mass together is a part of being a Catholic Family, while Children's Liturgy allows children to enter the celebration more fully by catering to their needs.



Mass with Children's Liturgy:

St Cecilia's Church, Wyong Sunday 9.30am St John Fisher Mass Centre, Tumbi Umbi-Sunday 5:00pm

Volunteers always needed & appreciated! Speak with Maria or office staff to find out more.

4th \$50





Ph: 02 4351 8004 Ph: 02 4392 8777

BOWDEN FAMILY FUNERALS All Areas ~ Australian Owned





Anita Bowden - Director We do not think of it as a job...





it is an irish honour. Ensuring your loved ones are cared for with the respect & dignity you would wish exible arrangements to suit your needs. Professional assistance and caring advice Phone. 1800 558 004, Mob. 0408 251 927, Fax. 02 4351 8005

TUGGERAH SPORTS & SPINAL PHYSIOTHERAPY

Ricky Li Registered NDIS provider Phone 4355 4445 www.tuggerahphysio.com.au

Parish Multi-Cultural Dinner

Parish Multi Cultural Dinner Friday 10th October St John Fisher School Hall from 6.00pm

We are a multi-culturally diverse parish. Come along and share your culture and FOOD!

All are invited to bring a meal /dessert to share that represents your family heritage. There will be a free Aussie Sausage Sizzle. Please bring your own refreshments.

We encourage anyone -children/adults to wear their national costume. If you are willing to perform a national dance/ song, please inform the Parish office. If you have a copy of a national folk song, we would appreciate a copy so this can be played during the evening.

Help us show our community what a happy, peaceful, multicultural event looks like. Join us on the night. Please contact the Parish Office if you would like to attend. (02) 4352 1011 or wyongparish@bbcatholic.org.au



VOLUNTEERS NEEDED IN OUR PARISHHeard the saying "many hands make light work"? There are plenty of areas where your Parish could use a hand.

We're in need of Church cleaners, Children's Liturgy members Choir members & Catechists—just to name a few!

If you're willing and able to assist in any way, please contact the Parish office. Thank you.

JUBILEE YEAR OF CATECHISTS 2025

Our Parish will celebrate our catechists during weekend Masses on Saturday 27th 5pm & all Masses on Sunday 28th September by holding special blessings and recognition.



10 REASONS WHY YOU SHOULD BE A CATECHIST:

- 10. The best way to learn is to teach.
- 9. Catechists tell the truth.
- 8. Sharing the faith is an honour.
- 7. Your own faith will come alive.
- 6. You become an active part of the most active part of your Parish.
- 5. A catechist is a role model.
- You will be practicing stewardship.
 You show your own family that you value religious education.
- 2. It's fun.
- 1. It's what we are called to do.

At the end of his earthly ministry, Jesus said: "Go, therefore, and make disciples of all nations." - Matthew 28:19-20

To find out more about becoming a catechist, ring the Parish office on: 02 4352 1011 or email: wyongparish@bbcatholic.org.au

ANOINTING OF THE SICK—First Friday of the Month

Friday: 3rd October

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher 9:15am

BOOK: GOD'S WORD 2026—We are now taking orders for God's Word 2026, \$20 a book. Please contact the parish office to order.

Parish E-Bulletin

If you would like to have the bulletin emailed to you, please send an email with "e-bulletin" as the subject to: wyongparish@bbcatholic.org.au

PLANNED GIVING—Dear Parishioners, should you wish to donate electronically, please see details below.

We appreciate all offerings and support gifted to our Parish!

To support the Priests (1st Collection):

Acc name: SOLT Australia Inc

BSB: 062 195 Acc no: 1022 9389

To the support the running & upkeep of the Parish (2nd Collection):

BSB: 062 784 Acc no: 100 001 943

Acc name: Wyong Catholic Parish

COMMUNION BLESSING

You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.

Wyong / Tumbi Parish Pilgrimage Wednesday 15th October—BYO Lunch.

A reminder that parishioners interested in this trip need to inform the Parish Office as soon as possible. Itinerary available at both St Cecilia's church, St John Fisher mass center and the Parish office.

There are currently only 3 seats available.

PARISH PASTORAL COUNCIL MEETING ON 11 SEPTEMBER

Members for 2025/2026: Chris Shilling (Chair); Jo Helm (Vice-Chair); Kerry Bugden (Secretary); Rebecca Wild (Special Executive Assistant); Anne Hooley; Maureen Roast; Barbie McBride; Lyn McMahon; Imre Lazar; Marie Dyer; Noela Ahearn; Pier Png.

Jubilee Year dates-

- 10 October Multicultural Dinner at Tumbi Umbi
- 15 October Pilgrimage (some seats are still available)
- 25 October Marian Spiritual Day at Wyong

Ecumenical Christmas Carols will be held at St Cecilia's Wyong on Friday, 5 December at 6:00pm.

'Playgroup' Grant has been resubmitted on advice from Central Coast Council's Grant committee. The result of the new submission should be known by the end of October. If successful, the Playgroup will commence in February 2026.

Special Request: Any parishioner who offers his or her services as a volunteer to help any members of the local marginalized community are asked to contact the parish office with details of their specific service area. A data- base will be developed which will be used to enable our parishioners to 'follow the example of Jesus and see and respond to the needs of our sisters and brothers living in hardship'.

Next Meeting: Tuesday 11 November.

Discover Palms Volunteering

Develop community self-reliance and create lasting change!



Discover Palms International Volunteering online in this special session where you'll chat with past Palms volunteers and hear how skill-exchange makes a lasting impact in communities. Explore our unique opportunities and match your life experience to the experience of a lifetime!

Venue: Online-Scan the QR or register at palms.org.au/events

Date: Thursday 30 October 2025

Time: 7 pm - 8.30 pm AEDT (NSW/VIC/ ACT/TAS)

> 02 9560 5333 palms@palms.org.au



Property Transfer Professionals

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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong Saturday Vigil / Sunday Mass Times Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am

Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi Saturday Vigil / Sunday Mass Times Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099 Fr Alex Ph: 0432 947 245 Fr Teody Ph: 0410 202 823

PARISH OFFICE 23 Byron Street Wyong Phone: 02 4352 1011 Po Box 385 Wyong 2259

OFFICE HOURS: Tuesday, Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest Fr Raul Balute, SOLT Ph: 0450 115 099

Email: raul.balute@bbcatholic.org.au

Assistant Priest Fr Alex Barnedo, SOLT Ph: 0432 947 245
Assistant Priest Fr Teody Medina, SOLT Ph: 0410 202 823
Parish Secretaries Margaret Vandenberg & Christine Sassine

PARISH EMAIL: wyongparish@bbcatholic.org.au
PARISH WEBSITE: https://www.bbcatholic.org.au/wyong/
FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday St Cecilia's 9.30am Mass Sunday St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

Mass St Barnabas, Yarramalong 1st Sun of month 11.15am Filipino Mass St Cecilia's Church 3rd Sun of the month 12pm

Anointing of the Sick
First Friday of the Month
St Cecilia's During 8.00am & 11.30am
Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration
St Cecilia's Daily 7am-8am
St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help Saturday—St Cecilia's & Wednesday—St John Fisher (after the 8am Mass)

Devotion to the Divine Mercy St Cecilia's Fri after the 8am Mass St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy St Cecilia's Legion of Mary 9am Wed Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting PPC Secretary: Kerry Bugden Ph: 02 4388 2938



KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Irene Dainty, Michael McDermott, Michele Bolton, Jeanine Doueihi, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni, Tahnia Ahuriri, Mary Anne Xuereb, Tony Sabat, Colleen Goodwin, Maureen Cross

RECENTLY DECEASED:

Asuncion Medina

Anniversary September:

Gerard Byrne, Peter Donnolley, Jack Harris, Helen Cole, Donald King, Benigno Bito-On, Monica Bito-On, Barry Austin, Deceased members of Croke & Kenny Families, Michael Maree, Denny Dao

SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young

persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

THE LITURGY OF THE WORD

First Reading - Amos 6:1, 4-7

A reading from the prophet Amos

The almighty Lord says this:

Woe to those ensconced so snugly in Zion and to those who feel so safe on the mountain of Samaria. Lying on ivory beds and sprawling on their divans, they dine on lambs from the flock, and stall-fattened veal; they bawl to the sound of the harp, they invent new instruments of music like David, they drink wine by the bowlful, and use the finest oil for anointing themselves, but about the ruin of Joseph they do not care at all. That is why they will be the first to be exiled; the sprawlers' revelry is over.

The word of the Lord.

Thanks be to God.

Responsorial Psalm - Ps 145:6-10

R. Praise the Lord, my soul!

Second Reading - 1 Timothy 6:11-16

A reading from the first letter of St Paul to Timothy

As a man dedicated to God, you must aim to be saintly and religious, filled with faith and love, patient and gentle. Fight the good fight of the faith and win for yourself the eternal life to which you were called when you made your profession and spoke up for the truth in front of many witnesses. Now, before God the source of all life and before Jesus Christ, who spoke up as a witness for the truth in front of Pontius Pilate, I put to you the duty of doing all that you have been told, with no faults or failures, until the Appearing of our Lord Jesus Christ, who at the due time will be revealed by God, the blessed and only Ruler of all, the King of kings and the Lord of lords, who alone is immortal, whose home is in inaccessible light, whom no man has seen and no man is able to see: to him be honour and everlasting power. Amen.

The word of the Lord.

Thanks be to God.

Gospel Acclamation - 2 Corinthians 8:9

Alleluia, alleluia!

Jesus Christ was rich but he became poor, to make you rich out of his poverty.

Alleluia!

Gospel - Luke 16:19-31

A reading from the holy Gospel according to Luke

Jesus said to the Pharisees: 'There was a rich man who used to dress in purple and fine linen and feast magnificently every day. And at his gate there lay a poor man called Lazarus, covered with sores, who longed to fill himself with the scraps that fell from the rich man's table. Dogs even came and licked his sores. Now the poor man died and was carried away by the angels to the bosom of Abraham. The rich man also died and was buried.

'In his torment in Hades he looked up and saw Abraham a long way off with Lazarus in his bosom. So he cried out, "Father Abraham, pity me and send Lazarus to dip the tip of his finger in water and cool my tongue, for I am in agony in these flames." "My son," Abraham replied "remember that during your life good things came your way, just as bad things came the way of Lazarus. Now he is being comforted here while you are in agony. But that is not all: between us and you a great gulf has been fixed, to stop anyone, if he wanted to, crossing from our side to yours, and to stop any crossing from your side to ours."

'The rich man replied, "Father, I beg you then to send Lazarus to my father's house, since I have five brothers, to give them warning so that they do not come to this place of torment too." "They have Moses and the prophets," said Abraham, "let them listen to them." "Ah, no, father Abraham," said the rich man "but if someone comes to them from the dead, they will repent." Then Abraham said to him, "If they will not listen either to Moses or to the prophets, they will not be convinced even if someone should rise from the dead."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Matthew 11:28



Sept 2025

1st Friday, 5th Sept Healing Prayer Service, 6:30pm-8:30pm at Our Lady of Dolours Catholic Church, Chatswood

EUCHARISTIC MIRACLES RETREAT, 12-14th Sept Guided by Fr Sam Samuel VC & Fr Juby Varghese VC Starts on Friday 5.30pm & ends on Sunday 4.00pm

GUEST SPEAKER: Ron Tesoriero.

Lawyer who led the investigation of the 1996 Eucharistic Miracle of Buenos Aires. For bookings: 02 43721598 or email: drcretreatrego@gmail.com

15th Sept (3rd Monday)

Healing Prayer Service, 7:00pm-9:00pm
at St Patrick's Church, 11 Macquarie street, WALLSEND

19th Sept (3rd Friday) Holy Mass & Adoration, 6:00pm-9:00pm at Our Lady Help of Christians, Church, 31 Oxford St, EPPING

28th Sept, 9:00am - 4:00pm

St Vincent De Paul Feast (Last Sunday)

 Praise and Worship • Preaching the Word Eucharistic Adoration
 Divine Mercy Chaplet
 Holy Mass





DIVINE RETREAT CENTRE

160 Hensons Road, SOMERSBY, SYDNEY-NSW 2250, Tel: 02 4372 1598, email drcsydney@gmail.com www.divineretreatcentre.org
 Find us on facebook

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.

TAIZE



RELAX IN MEDITATION AND SILENCE Join us for 1 hour of TAIZE Music and Prayer

Friday Evening 3/10/25

6:30AM FOR 7PM START
OUR LADY STAR OF THE SEA CATHOLIC
PARISH, TERRIGAL

(165 Serpentine Road, Terrigal) Join us for a cuppa afterwards.



Explore the life of Mary MacKillop through art, stories and games. Discover courage, resilience and hope that inspire everyday life!



10:30am - 12:30pm

Week 1 1 OCTOBER

Week 2 **8 OCTOBER**

- Storytelling
- Reflection Circle
- Lawn Games
- Chalk Wall
- Treasure Hunt
- Museum Visit

Ages 6 - 12

SCAN TO REGISTER



RECONCILIATION GARDE



More Information:



helen.chan@mmp.org.au



% (02) 8912 4847

MISSION BROKEN BAY

Looking ahead - Upcoming Events:

29 Sept – 3 Oct National NATSICC Assembly, Hunter Valley

1-3 October—National Conference Liturgy & Music, Adelaide

1-10 October—BB Pilgrimage of Hope, Rome and Assisi

25 October—Liturgical Formation Day Series Four: Rekindling the Wonder

8-9 November—Engaged Encounter Weekend

29 Nov-3 Dec—ACYF, Melbourne





Engaging Your Faith Online Series



Choose from 13 sessions in October 2025

Engaging Your Faith is a series of short, online presentations that invite participants to reflect on what it means to be people of faith in the contemporary world.

Experienced lecturers from Catholic Theological College present on a variety of topics such as science and faith issues including Al, moral theology, the papacy, Eucharist, St Paul, religion and ethics, and Jubilee of Hope.

Cost

- \$25 per session: General audience
- \$40 per session: Teachers applying for Catholic school accreditation

See the next page for the list of topics and presenters.

These sessions are approved for teacher accreditation in some Catholic dioceses.

For more information refer to our website.



To register, scan the QR code or visit our website for a full description of the sessions.

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit www.catholiccaredbb.org.au/volunteer/ for more information





VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

www.catholiccaredbb.org.au/volunteer

Enquiries: pp@mibp.org.au or text a message to 0417 259 617

JUBILEE YEAR PILGRIMAGE

COINCIDES WITH CELEBRATION OF JUBILEE OF CATECHISTS 25th SEPTEMBER to Return to Sydney 4th OCTOBER 2025

ROME, LANCIANO, POMPEI, AMALFI COAST, Optional trip to St Carlo Acutis



Email enquiries to pp@mibp.org.au or Text a message to 0417 259 617

Some Highlights

Join in the Program for Jubilee of Catechists, including Sunday Mass with Pope Leo XIV.

Optional Day trip to St Carlo Acutis, at Assisi.

Walk through Holy Doors of a couple of Rome's Major Basilicas. See some of Rome's holy places and other places famous in Rome (e.g. Trevi fountain). Stay at Domus Australia. Daily Mass.

Day trip to Lanciano (Eucharistic Miracle).

Visit Pompei's Major Basilica going to the Amalfi Coast. On the way back, visit the famous Abbey of Montecassino (where St Benedict is buried). Visit Cathedral at Amalfi (Relics of St Andrew).

Pilgrimage Cost, plus Cost of Airfare,

Share Accommodation w/ breakfast & dinner

(for single room, add a single supplement cost)

25-30 September: Hotel Domus Australia 15 minutes walk from Roma Termini.

30/9-2/10: Hotel Panorama in Maiori which is on the Amalfi Coast.

2/10-3/10: Hotel near Rome airport after returning from Amalfi Coast, chance to rest before flight home, or extend your stay to return to Sydney later.

Several Airlines flying to Rome including: Qantas has 3 direct flights a week to Rome (best Tues 23/9 arriving a day earlier to our hotel booking), some will travel with Emirates, Etihad, Thai Airways, Qatar. The Parish can help you in booking Qantas and Emirates flights to be able to access flight discounts with Qantas and Emirates. But prices are going to be better the earlier you book.

Jubilee Pilgrimage of

Rome & Assisi 1 - 10 October 2025







\$5,390* for 10 day, land only package Includes all accommodation, tours and transportation in Italy Registrations closing soon.

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday 10.00am-3.00pm or by appointment Free entry, parking available Bookings recommended

You too are part of this continuing and living heritage and we'd love to welcome you.

1 Rockwall Cres, Potts Point, NSW

T: 02 9138 0835

w: socheritagecentre.org.au e: heritagecentre@rscoffice.com





HERITAGE CENTRE





DIOCESE OF BROKEN BAY PILGRIMAGE

SAT 29 NOV- WED 3 DEC

FLIGHTS + 4 NIGHTS ACCOMODATION + REGO

\$1,645 PER PERSON, INCL GST

Limited opportunity for \$500 subsidy Reducing cost to \$1,145

Day 1 Sat 29 Nov Departure (Travel Day)

Day 2 Sun 30 Nov ACYF

Day 3 Mon 1 Dec ACYF

Day 4 Tue 2 Dec ACYF

Day 5 Wed 3 Dec Return (Travel Day)

TO REGISTER INTEREST TO ATTEND ACYF - PLEASE SCAN



BROKEN BAY PILGRIMAGE ONLINE INFORMATION EVENING

7PM MON 11 AUGUST 2025 TO REGISTER VIA EMAIL -PLEASE SCAN



INCLUSIONS

- Economy class return airfare from Sydney
- 4 nights' Accommodation Holiday Inn Express
- Breakfast daily
- Broken Bay Group dinner 29 November
- Return airport coach transfers
- ACYF Melbourne Registration fee
- Broken Bay Pilgrim T-Shirt

Not included:

- Travel insurance
- Lunches and dinners on festival days

Pilgrimage is open to young people in Year 9 at school, through to the age of 25, and their leaders and clergy.



We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

St Joseph's Spirituality and Education Centre Kincumber South





A Ministry of the Sisters of St Joseph **NSW Province**

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251 Email: bookings@stjosephsretreat.org.au Web: www.stjosephskincumber.org.au



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern

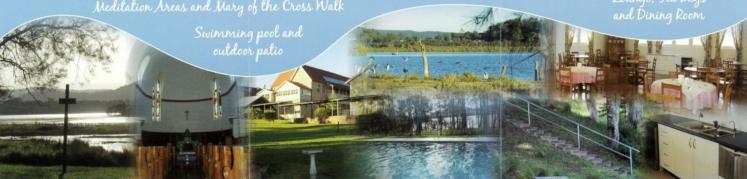
Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts

Retreats Conferences **Group Seminars Small Group Meetings Bible Study Groups Prayer Days**

Sound and visual equipment for conferences are available on request.

Conference Rooms





WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name _							
Suburb		Phone					
Email _							
Do you currently have Home Care Package funding from the Government?							
○ Yes	○ No	○ Unsure					
Do you need help applying for a Home Care Package?							
○ Yes	○ No	○ Maybe					
Is there any other feedback you'd like to provide?							

Take a photo of this completed form and email to info@catholiccaredbb.org.au or text a photo of the form to 0481 602 046. Thank you.



MACKILLOP

AN OFFICIAL PILGRIMAGE LEAD AND RUN BY THE SISTERS OF SAINT JOSEPH OF THE SACRED HEART



Led by Sr Annie Bond, a Sister of Saint Joseph of the Sacred Heart, this pilgrim focuses on prayer and reflection as an integral part of pilgrimage. At each of the sites around Australia we visit we take time to pray and reflect on our own lives in the light of Mary MacKillop's life.

We start in Melbourne and end in Sydney at the tomb of Saint Mary MacKillop. Anyone at any stage of their faith journey is welcome to join us!

For all inclusive costs and more information please get in touch:

For more information:

national.pilgrimage@mmp.org.au

(+61 406 195 861

Or visit our website and navigate to the pilgrimage section:
 www.marymackillopplace.org.au



Our Lady of Guadalupe

With Fr Peter De Souza

Mexico City (2 nights) • San Miguel de Allende (1) • Guanajuato (1) • Guadalajara (4) • Pátzcuaro (1) • Mexico City (2)

Commences 22 September 2025. 12 Days.

Experience the rich faith of the Mexican people and the miraculous story of Our Lady of Guadalupe. View the miraculous tilma of Juan Diego that bears an inexplicable image of Our Lady that is revered the world over.

Jubilee Pilgrimage of Hope

Every 25 years, the Church proclaims a Holy Year, a special gift of grace and mercy for all God's people. Not only is Italy a land of unforgettable charm and beauty, it is also a land made rich in grace by its colourful history of holy men and women. In this dedicated Jubilee year, be inspired to encounter the pathways of some of the Church's greatest saints, from St Francis and Clare in Assisi to St Peter and Paul in Rome, the Eternal City, where we cross the threshold of the Holy Door in St Peter's Basilica and receive the Jubilee blessing.



COMMENCES WEDNESDAY 01 OCTOBER 2025 • 10 DAYS / 9 NIGHTS

Rome Airport vicinity (1) • Assisi (2 nights) • Orvieto • Rome - Jubilee (6 nights)

Accompanied by Fr Hien Vu



The dome of St Peter's over the River Tiber, Rome

the genuine pilgrim experience

harvest





MEAL CODE: (B) = Breakfast (D) = Dinner

Hinerary

DAY 1: WEDNESDAY 01 OCTOBER - ARRIVE ROME

Welcome to Italy! On arrival at Rome airport, please make your way to the group hotel where this evening we will enjoy our first group dinner. Rome overnight (D)

DAY 2: THURSDAY 02 OCTOBER - ROME TO ASSISI

This morning we will travel north to the pilgrimage centre of **Assisi**, where St Francis tended the poor and sick and founded the Franciscan Order.

We will visit the Basilica of St Mary of the Angels down on the plains where St Francis spent most of his life. Here we will see the Portiuncula (meaning 'small portion of land') where St Francis returned for prayer, the thornless rose bush, and the chapel where he died in 1226. On Palm Sunday 1211, Francis received in this church Clare of Assisi and dedicated her to the Lord.

Assisi overnight (BD)

DAY 3: FRIDAY 03 OCTOBER - ASSISI

This morning we awake to the sound of chapel bells, cobblestone footsteps and the tangible spirit of St Francis preserved within the medieval walls of this holy town.

Our day begins with Mass and a guided exploration of the buzzing Basilica of St Francis which occupies the entire western end of the upper town. Construction began in 1228, just two years after the death of Francis and was finally completed in 1250. The Upper Basilica houses the famous fresco cycle of the life of St Francis, historically attributed to Giotto. Wander through the marvels of the Upper Basilica before our tour descends to the crypt of the Lower Basilica where Francis was laid in

1230 and where we will take some time to seek the intercession of this spiritual legend.

We then walk to the Church of Santa Maria Maggiore - Sanctuary of the Spogliazione, where we are blessed with the opportunity to visit and pray at the tomb of Blessed Carlo Acutis - a young Catholic from Italy with a passionate devotion to the Real Presence of Jesus in the Eucharist and an aptitude for computer programming. From the ages of 12 to 14, he designed a website cataloguing Eucharistic miracles that have occurred around the world, which he launched in 2005. He died of leukemia a year later at the age of 15, offering his suffering for the pope and for the Church.

Onto the Church of San Damiano and the actual chapel where it all began when the voice of Christ spoke to Francis in the year 1205 (some may prefer to approach by foot down the hillside path in the spirit of St Francis). Adjacent to the chapel we find the first monastery of the Order of St Clare where Clare built her community in close friendship with Francis.

Our day concludes with a visit to the **Hermitage** (Eremo delle Carceri), an oasis of peace and tranquillity in the woods built on the site of a simple cave where St Francis often withdrew to spend many hours in prayer. The cave and the Chapel of Our Lady are preserved in the Hermitage grounds.

An (optional) opportunity presents itself before dinner to attend **Vespers** in the **Basilica of St Clare** and listen to the angelic voices of the Poor Clare nuns. Housed in this church is the famous crucifix from which Jesus spoke to St Francis.

Assisi overnight (BD)

DAY 4: SATURDAY 04 OCTOBER - ASSISI VIA ORVIETO TO ROME

We farewell Assisi and journey south to the amazing medieval town of **Orvieto** with its **Duomo** (Cathedral), which has one of the world's most famous facades. The feast of the Body of Christ (Corpus Christi) was first proclaimed here in 1263 following the Eucharistic Miracle of Bolsena. We celebrate Eucharist in the chapel where the sacred cloth from that event is preserved and enjoy a special visit to the Signorelli Chapel.

After our visit we then travel on to Rome, the Eternal City, rich in the traditions of our Church. Rome overnight (BD)

DAY 5: SUNDAY 05 OCTOBER - ROME: CHRISTIAN MARTYRS

The Jubilee Year is a time for the faithful to renew their commitment and strengthen their relationship with God. It is also a time for Catholics to come together as a community and to celebrate their faith. The 2025 Jubilee Year is sure to be a memorable and meaningful event for people around the world, to be blessed and refreshed for the mission that lies before us.

Some of the spiritual activities that pilgrims are encouraged to participate in during our time in Rome are:

- · Attend Mass and receive the Eucharist
- Make a pilgrimage to the many shrines and holy sites in Rome
- Pray for forgiveness
- · Renew our commitment to our faith
- · Strengthen our relationship with God
- Come together as a community and celebrate our faith

Following Mass this morning we will proceed to **St Peters Square** where the Holy Father is expected to pray the **Angelus** with pilgrims from around the world (subject to the Pope's presence in Rome).

This afternoon we enter into the most visited attraction in Rome - the Colosseum. In 1749, Pope Benedict XIV declared the Colosseum a sacred site, as it was a place where early Christians had been martyred. View also the Circus Maximus and the Roman Forum en route.

Rome overnight (BD)

DAY 6: MONDAY 06 OCTOBER - ROME: THE VATICAN & MAJOR BASILICAS

Commence our pilgrimage with a spectacular Mass at St Peter's Basilica before coming to the nearby Vatican Museums. Wander the spectacular chambers leading to the Sistine



Chapel to view Michelangelo's masterpieces, including the magnificent fresco of the Last Judgment. Continue through to the awe-inspiring St Peter's Basilica, the largest church in the world for an informative exploration. Our guided tour will feature among other highlights Michelangelo's stunning Pieta, the tomb of Pope St John Paul II, the great Confessional and the Crypt containing the tombs of several Popes.

In the afternoon, visit the impressive St Mary Major Basilica. Onwards to the Basilica of St John in Lateran (First Papal residence) and the adjacent Holy Stairs brought from Jerusalem to Rome in 326AD by St Helena (as a favourite of pilgrims, these steps may only be ascended on the knees). Visit the Basilica of Santa Croce in Gerusalemme with its extraordinary collection of relics from the Holy Land.

Rome overnight (BD)

DAY 7: TUESDAY 07 OCTOBER - ROME: ST PAUL'S & THE CATACOMBS

Journey this morning out to the majestic Basilica of St Paul Outside the Walls. Originally consecrated in 324, the saint's tomb is visible now under the Papal Altar. We will celebrate a wonderful Mass here as a special tribute to the Church's greatest evangelist.

Continue then along the ancient Appian Way, the oldest road from Roman times to the ancient Catacombs for a memorable guided tour to marvel at these underground burial tunnels for Christians and Hebrews. On the way, drive by Domine Quo Vadis – the chapel that stands at the site where, according to tradition, St Peter met Christ when he fled from Rome to escape martyrdom.

Rome overnight (BD)

DAY 8: WEDNESDAY 08 OCTOBER - ROME FREE DAY

Our day is free to discover more sights of Rome – perhaps throw a coin in the **Trevi Fountain**

before strolling to the Piazza Navona to soak up the vibrant atmosphere. Indulge in a gelato or enjoy a coffee while absorbing and admiring the history of this ancient city. Strolling through the streets is like walking through the pages of a history book.

OR

For the next two days participate in the Jubilee of Consecrated Life spiritual and cultural events taking place around Rome.

This evening join with fellow pilgrims for a prayer vigil.

Rome overnight (BD)

DAY 9: THURSDAY 09 OCTOBER - ROME: PAPAL MASS

We make our way to St Peter's Square this morning for a memorable Papal Mass in celebration of the Jubilee of Consecrated Life.

This afternoon, we explore the vibrant Trastevere district. Our first stop is the charming Basilica of Santa Maria in Trastevere, a historic church dating back to the 12th century. We continue on to the Basilica of St Cecilia, built on the site of the former house of the saint who was martyred in 230A.D. The body of the saint is venerated in the crypt.

Afterwards, we wander on to enjoy an enchanting evening filled with food and traditional music at a typical Italian trattoria, marking our farewell to Rome and our pilgrimage.

Rome overnight (BD)

DAY 10: FRIDAY 10 OCTOBER - DEPART ROME

This morning we bid farewell to the Eternal City as we make our way to the airport for our homebound flights or ongoing travel connections. (B)

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PILGRIMAGE DETAILS				
TOUR CODE	PV25102			
STARTS	Wednesday, 01 October 2025			
FINISHES	Friday, 10 October 2025			
LAND COST	AUD \$5390 (Twin Share) *			
SINGLE ROOM	AUD \$1950 Supplement *			
PREPAID TIPPING	AUD \$150 Per Person			

* Costs are indicative and have been based on prices as at January 2025 and must remain subject to possible change in the event of significant exchange rate variations, tax increases or minimum group size factors beyond Harvest's control. Refer to Harvest Booking Terms & Conditions for more details.

INCLUDED

ACCOMMODATION & MEALS: Based on quality religious houses or 3 and 4-star hotels • Meals as specified in Itinerary.

TOURING & TRANSPORTATION: Deluxe air-conditioned touring coach • Professional English-speaking Tour Escort and local guides • Sightseeing and entrance fees

OTHER: Fully escorted by priest chaplain • Daily Masses • Porterage (where available) • Harvest Travel Pack: backpack, travel wallet, pilgrim's iournal and sunbrella.

NOT INCLUDED

International airfares • Travel Insurance • Visits and entrances not listed • Passport and visa costs (if applicable) • Other meals not stated • Drinks with meals • Items of a personal nature • Prepaid Tipping

Book Now



harvestjourneys.com/pv25102

1800 819 156

info@harvestjourneys.com

Building 2, Level 3, 75 O'Riordan Street, Alexandria NSW 2015 PO Box 6087, Alexandria BC NSW 2015 Australia P: +61 2 9198 1960



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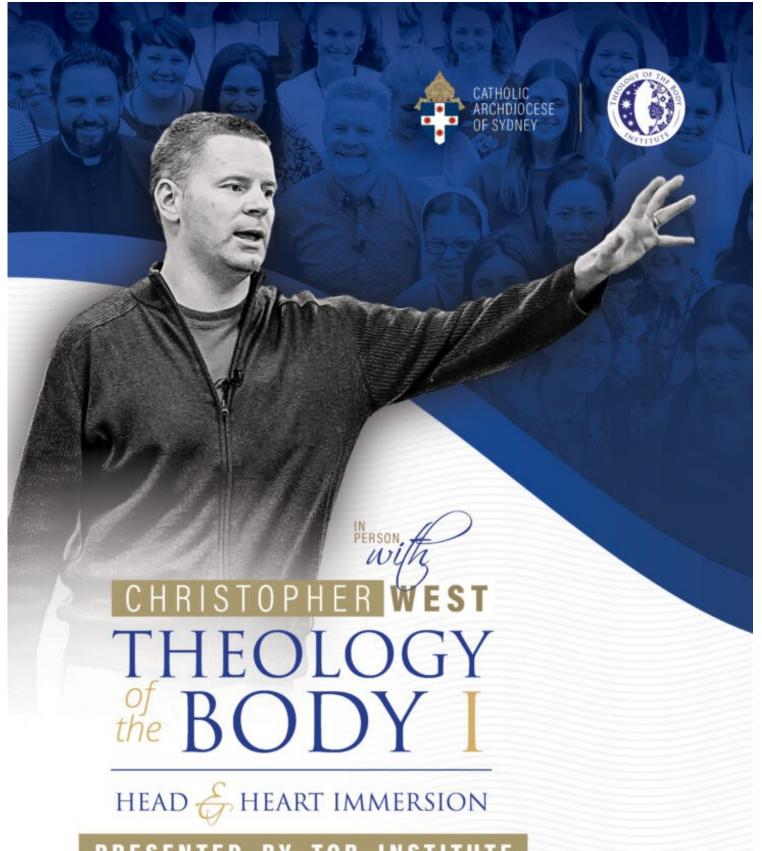
Refer to harvestjourneys.com for Booking Terms and Conditions.









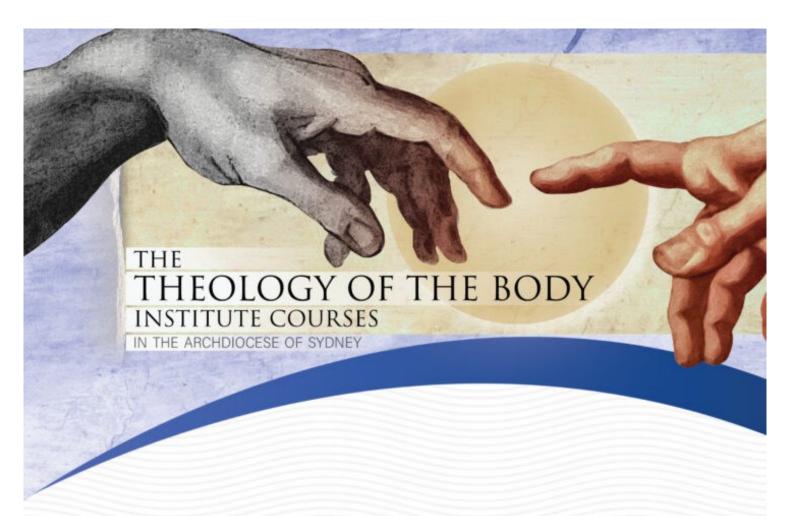


PRESENTED BY TOB INSTITUTE

TOBI.SYDNEYCATHOLIC.ORG

18-23 **JANUARY** 2026

Benedict XVI Retreat Centre



66 And this is why it's already changing so many lives around the world. The Pope's teaching helps us distinguish between the real million-dollar bill and the counterfeit. It helps us 'untwist' our disordered desires and orients us towards the love that truly satisfies.

- Christopher West.

As part of its commitment to leadership and formation, expressed in the mission plan Go Make Disciples, the Sydney Centre for Evangelisation in the Archdiocese of Sydney has partnered with the Theology of Body (TOB) Institute to provide more accessible opportunities for Catholics in Sydney and beyond to be trained and formed in the Theology of the Body as proclaimed by St. John Paul II.

The TOB Institute are the leading providers of outreach and educational offerings of Theology of the Body and are dedicated to making these profound riches available in the lives of men and women around the world.

Through this partnership, our hope is that Australians are introduced and re-energised with this most important and crucial 'masterwork' and reach men and women in every state of life with a hopeful, liberating vision of human identity that appeals to the deepest yearnings of the heart for love and union.



THEOLOGY OF THE BODY I: HEAD & HEART IMMERSION COURSE

18-23 JANUARY 2026 3PM SUNDAY TO 1PM FRIDAY Benedict XVI Retreat Centre, Grose Vale

- Five and a half days of live-in learning & interactive lectures (30 hours of graduate/master's level instruction)
- All course workbook and materials to help you focus more on listening and receiving
- Daily Mass, adoration, and confession
- 5-night accommodation in a twin shared room and delicious meals throughout the week
- Time for relaxation and networking
- Gorgeous retreat setting grounds to soak in God's natural beauty

Course Description

This course is a dynamic introduction to St John Paul II's groundbreaking Theology of the Body — a series of teachings from his 129 Wednesday addresses — that explore what it means to be human, made in God's image, and called to love.

Students will unpack themes like identity, freedom, gender, vocation, fall and redemption, and discover how our deepest desires can be a path to God — not a detour.

More than just head knowledge, this course invites a journey from insight to transformation — from head to heart, and into daily life.

Learning Objectives

The course is designed to:

- Explore and understand the philosophical foundation on which John Paul II built his theology of the body;
- Synthesize John Paul II's "adequate anthropology" and apply it to the Christian vocations of celibacy and marriage;
- Apply John Paul II's anthropology to a range of questions such as sexual morality, bio-ethics, gender issues, the sacramental life, and the new evangelization;
- Evaluate alternative anthropologies in comparison and contrast with John Paul II's vision of man and woman;
- Integrate the principles of John Paul II's Theology of the Body in one's own life and relationships.

This course is perfect for adults (18+) - lay, clergy, seminarians, religious, ministry leaders, parish coordinators, teachers and those who have a passion and desire to dive deeper into "the rediscovery of the meaning of the whole of existence, the meaning of life". No prerequisite is required to take this course.



Meet your Instructors and Team:

CHRISTOPHER WEST



Dr Christopher West is the most dynamic and compelling evangelists renowned for his mission in spreading the teachings of St John Paul II's Theology of the Body. His global lecturing, best-selling books and multiple audio and video programs have made him the world's most recognised teacher of St John Paul II's "Theology of the Body" – a bold, biblical vision of love and sexuality. He is the co-founder, president and senior lecturer of Theology

and Christian Anthropology at the Theology of the Body Institute and a devoted husband and father.

JASON CLARK



Since 2010, Jason has served as Christopher's closest collaborator in overseeing the global mission and outreach of spreading St. John Paul II's Theology of the Body. He has a passion for drawing people closer to the heart of Christ and has been doing so since the early 1990s as a youth and young adult minister, a seminarian, a worship leader, a speaker throughout the United States and abroad, and, most importantly, as a husband and father of five.



The Life, Marriage and Family team in the Sydney Centre for Evangelisation serves parish communities through initiatives that affirm the dignity of the human person and build a culture that supports marriages and families in their vocations. We provide opportunities for spiritual encounter, growth and formation in the areas of RCIA, sacramental life, marriage, family life and men's and women's ministry.

visit: www.sydneycatholic.org/lmf

The team will serve as your local support and point of contact for any queries about the program. They will also be present to assist with any needs during the course.

REGISTRATION INFORMATION REGISTRATIONS CLOSE 8 DECEMBER 2025



EARLY EXPRESSIONS OF INTEREST

- Cost: \$2100 AUD
- Inclusion: Immersion Course with all materials, five nights (twin-shared occupied) accommodation and meals.
- Apply: tobi.sydneycatholic.org

ERNESTO TRAVEL, an inbound tour operator in Poland and Central-Eastern Europe, is always at your disposal to organize trips or provide services in our beautiful country and our part of Europe.

Why Poland? It is a destination:

- that guarantees customer satisfaction
- that boasts beautiful cities and UNESCO sites, such as Krakow, Warsaw, the Wieliczka Salt Mine, Torun, Malbork Castle, etc.
- with a moving history: Auschwitz-Birkenau, Schindler's Factory, the Warsaw Uprising Museum, etc.
- with spectacular nature: Zakopane, national parks, rafting down the Dunajec River
- excellent cuisine and traditional folklore dinners
- and other special attractions such as the Chocholowskie thermal baths or a boat trip on the grass (Kanal Elblaski)
- for pilgrimage groups, many places of devotion: Wadowice and John Paul II Shrine, the Shrine of Divine Mercy in Lagiewniki, and St. Faustina Shrine in Czestochowa
- with many direct flights.

Of course, we have English-speaking guides and TE available.

We especially recommend the following programs:

- Krakow in 4/5 days
- Warsaw and Krakow in 5-6 days
- Poland in 8 days
- Poland Pilgrimage
- Prague/Vienna/Budapest or Poland combined with any of these cities
- Lithuania/Latvia/Estonia
- European programs 20-21 days.

Everything is always quoted on a tailor-made basis, upon request. To prepare the offer, we need you to inquire and inform us of the flights, arrival and departure cities, the base number of people, and the group profile.

We are pleased to provide you with information regarding our fam trip schedule for Krakow from October 30th to November 3rd, 2025: please visit www.icortap.com or www.icortap.com

CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with sugges-



tions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.



FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICCARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924 Northern Beaches: 1800 324 924 Naremburn: 1800 324 924 Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre 02 8234 0777 Immigrant Women's SpeakOut Association 1800 656 463

Legal Aid NSW 1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au





SAFEGUARDING is everyone's responsibility





Everyone must practice A DUTY OF CARE. We are called to step up and speak out.

Need to be listening & watching to understand / if there are any concerns and take them seriously





Tell one of our designated persons in authority

- Fr Raul 0450 115 099
 Maureen Roast 0435 245 849
- · Anne Hooley
- 0428 149 793

Contact will be made with Dioscesean Safeguarding Office





Our Community is SAFE